

# Memorandum of Understanding

## Between

All India Council for Technical  
Education

**(AICTE)**

And

Heartfulness Education Trust

**(HET)**

Date: 24<sup>th</sup> May, 2022

This Memorandum of Understanding ("MoU") is entered into on the 24<sup>th</sup> day of May, 2022 ("Effective Date")

BETWEEN

All India Council for Technical Education, a Statutory Body, and a national-level Council for technical education, under the Department of Higher Education, Ministry of Education, Government of India, having its office amongst other places at Nelson Mandela Marg, Vasant Kunj, New Delhi – 110070 (hereinafter referred to as "AICTE" which expression shall unless repugnant to the context and meaning thereof, shall include its successors and permitted assigns), of the **FIRST PART**.

AND

HEARTFULNESS EDUCATION TRUST, a non-religious, non-communal, registered trust having its Registered Office at No. 40-15-9/12, Nandamuri Road, Venkateswarapuram Post Office, Vijayawada – 520 010, Andhra Pradesh (hereinafter referred to as "HET", which expression shall unless repugnant to the context and meaning thereof include its successors, and permitted assignees).

AICTE and HET shall hereinafter be individually referred to as "Party" and collectively as "Parties".

**WHEREAS:**

- A. The HET is a not-for-profit organization established with an objective of conducting programs inter alia in various universities, colleges, schools in the fields of socio-emotional learning and life skills, wellness, Leadership Mastery, capacity building amongst teachers and research. HET has also undertaken research in the field of response of humans to effects of meditation and to establish scientific correlation between meditation and various physiological factors associated with holistic wellness enhancement in human beings.
- B. The AICTE operates under the Department of Higher Education was first established in November 1945 as an advisory body and later, in 1987 was given Statutory Status by an Act of Parliament (52 of 1987). The AICTE is responsible for proper planning and coordinated development of the technical education and management education in India.
- C. Chapter 9 of The National Education Policy 2020 is clear that educational institutions should build character, ethical and Constitutional values, intellectual curiosity, spirit of service and 21st century capabilities because the workplace of the future requires them. HET believes that a Heartful Campus is any Education Institution that is committed to improving the quality of



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teaching, learning and living for the campus community. Such a transformative education is experienced through meditation and adopting contemplative pedagogies that support creativity, an ethical purpose, and insightful contributions to the quality of life and work.

- D. In line with the objectives of National Education Policy HET, through its initiative called 'Heartful Campus' aims to enhance the skills of the students in the field of amongst others socio-emotional development, inner leadership, leadership mastery, wellness, and undertake research in different fields including the field of response of humans to effects of meditation and to establish scientific correlation between meditation and various physiological factors associated with holistic wellness enhancement in human beings.
- E. HET made a proposal to enter into a MoU to AICTE for offering its modules and other programs to the AICTE approved institutes/colleges/universities ("HET Proposal").

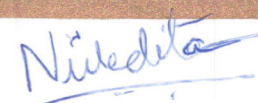
Now therefore the parties desire to enter into a MoU to record their understanding relating to the aforesaid.

## 1. SCOPE OF COLLABORATION:

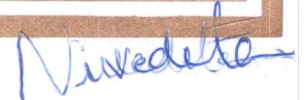
1.1 HET and AICTE will collaborate whereby students, faculty, staff and counsellors of AICTE approved colleges/institutes/universities, will be granted access to the following programs and courses (and modules) offered by the HET:

- a) elective credit based courses and/or modules for the same;
- b) foundational open elective courses for the undergraduate and post graduate students of the AICTE approved colleges/institutes/universities for holistic development of students and/or modules for the same to be part of student induction programs of AICTE approved institutions/colleges/universities.
- c) internship opportunities to students from AICTE approved institutions.
- d) research fellowships to eligible students from AICTE approved institutions for conducting research in various fields including contemplative pedagogy, sustainable technologies, environmental sustainability, and consciousness.
- e) Establishment of Heartfulness centres at AICTE approved colleges/institutes/universities for offering various tools of wellness including awareness sessions, Heartfulness meditation sessions, sharing of literature.
- f) training programme to faculty members, senior leaders, counsellors and staff from AICTE approved institutions; and (Collectively referred to as "HET Courses and Programs")

1.2 The HET Courses and Programs aligned to National Education Policy and AICTE mandate and mission.



- 1.3 The details about HET and HET Courses and Programs as provided in the HET Proposal (Annexed –A) : (a) core area of operation of HET and its alignment with mandate of AICTE, (b) expertise for the delivery of the HET Courses and Programs, (c) internal evaluation/assessment processes adopted by HET for the HET Courses and Programs, (d) Social recognition/awards for areas related to this MoU, (e) operational area or scope of activities, resources to be deployed, geographical spread, tentative plan of action, activity chart and roadmap for future, (f) quantifiable targets/ outcomes that will be achieved through the MoU, and (g) Social/technical/ educational impact arising due to activities taken up under the MoU.
- 1.4 The link to the HET Courses and Programs along with relevant details will be made available to AICTE for offering the HET Courses and Programs to the students of various AICTE approved institutes/colleges/universities.
- 1.5 HET will organize an orientation program for AICTE approved institutes/colleges/universities to explain about the HET Courses and Programs, if required by the AICTE and the AICTE approved college/institute/university.
- 1.6 HET will provide trained faculty or mentors (as applicable) for conducting of the HET Courses and Programs, as provided in the HET Proposal.
- 1.7 For conducting of the aforesaid HET Courses and Programs, HET may offer its infrastructure facilities  
at different locations in India to the AICTE approved colleges/institutions/universities. This will include facilities like tissue culture lab, initiatives for environment sustainability research facilities  
(at Kanha Shantivanam), libraries and retreat centres at different locations in India.
- 1.8 In addition to the above, HET may also directly offer HET Courses and Programs to any AICTE approved college/institute/university such that the relevant college/institute/university and HET can mutually agree for offering of these courses and programs to students and faculty of such college/institute/university.
- 1.9 HET may promote the HET Courses and Programmes and other offerings mentioned in this MoU through press releases, social media or other promotional channels to increase awareness about the same to the approved AICTE colleges/institutes/universities in consultation with AICTE.
2. FINANCIAL CONSIDERATION:
- 2.1 Impartation of training for all the HET Courses and Programs which are offered for the students, will be free of cost and HET will not charge any cost for the same as the HET trainers do this voluntarily as part of their social commitment towards building a better society for the youth of



India. However, for Programs offered to non-students (like faculty and staff), some nominal cost may be charged by HET.

- 2.2 While HET will not charge for imparting the training for the HET Courses and Programs as stated above, AICTE approved institutions implementing the Programs will need to cover travel, food, lodging and logistics at actuals and as applicable for the trainers of HET.
- 2.3 HET will not need to pay any compensation or consideration to any participant (including faculty or student) or bear any cost with respect to any HET Courses and Programs including for conducting any research project or internships as part of the HET Courses and Programmes.
- 2.4 The AICTE will inform the AICTE approved institutions of the aforesaid terms relating to consideration.

### 3. ROLE OF AICTE:

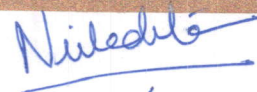
- 3.1 The AICTE will provide to the HET, the name of its authorized representative who shall serve as point(s) of contact with the HET.
- 3.2 The AICTE will inform about the HET Courses and Programs (including terms provided in Clause 2 above and any other terms which are related to any specific HET Course and Programs) and recommend the same to all the AICTE approved colleges/institutes/universities, including by way of making details of all the HET Courses and Programs available on AICTE's website/portal.

### 4. TERM:

- 4.1 This MOU will come into force on the Effective Date and will remain in effect for a period of **THREE-YEARS**.

### 5. INTELLECTUAL PROPERTY:

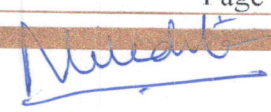
- 5.1 "Intellectual Property Rights" means all patent rights, copyrights, trademark rights, rights in trade secrets, design rights, database rights, domain name rights and moral rights.
- 5.2 Ownership of all the Intellectual Property Rights in all the HET Courses and Programs (and all the content relating to the same) that are offered by HET vests and will continue to vest in HET or any of its affiliated entities. HET may provide requisite permission to AICTE approved colleges/institutes/universities to use the HET Courses and Content, as required, for the purposes envisaged in this MoU, as and when such colleges/institutes/universities decide to offer such HET Courses and Programs to its students, faculty or staff.
- 5.3 If any new Intellectual Property Rights (other than referred in Clause 5.2 above) are created as a result of collaboration between AICTE and HET, then both Parties will mutually discuss and



agree to apportionment or vesting of such Intellectual Property Rights on fair and equitable basis with intention to preserve a harmonious and continuing relationship between the Parties.

## 6. Mutual Understanding and Agreements

- 6.1 Notwithstanding anything in this MoU, (a) This MoU (except this Clause 6 and Clause 5) is not legally binding contract and (b) Clause 6 and Clause 5 of this MoU are legally binding contract between the Parties.
- 6.2 Both Parties are independent parties in all respects. This MoU is not intended to constitute, create, give effect to, or otherwise form a joint venture, or other business entity of any kind. Neither Party shall act as an agent for, or partner of, the other Party. There are neither any rights nor obligations of the Parties established under this MoU.
- 6.3 The relationship is non-exclusive, and the Parties shall have the ability to form similar or different relationships with other institutions or entities of their choice.
- 6.4 HET or its office bearers or volunteers shall not be held responsible or liable for any aspect relating to this MoU including not delivering desired results and it does not guarantee positive results in any manner.
- The HET Courses and Programs are not a substitute for any medical treatment, educational requirement or advise and no action shall be taken for failure if any. As such, it is also agreed that no compensation, financial or otherwise against "HEARTFULNESS" or HET or its affiliated organizations or its volunteers or office bearers can be claimed either by the participant or AICTE or the participating institutions or any other person as the initiatives, courses and programs being covered in this MoU are purely voluntary.
- 6.5 Neither Party makes any representations and warranties to each other with any respect of this MoU and the maximum extent permitted by law, each Party and its respective affiliates, agents, representatives and HET volunteers expressly disclaim all express, statutory and implied warranties.
- 6.6 This MoU does not require either Party to enter into any binding agreements and neither Party will be liable for failing to enter into any binding agreements. In addition, neither Party will be liable for any direct, consequential, indirect, special, punitive, incidental, or other damages arising out of or related to this Agreement.



- 6.7 Any and all disagreements/differences/disputes arising under this MoU will be resolved amicably by designated senior executives/officers/representatives of both the Parties through mutual discussions.
- 6.8 Neither Party will be liable to the other Party for failure to deliver any portion of this MoU to each other or any of the AICTE approved college/institute/university to the extent that such failure or delay is caused by any riots, civil commotion, wars, hostilities, pandemic, epidemic, lock downs, embargoes, natural calamities, applicable law, guideline/order/action/instruction of any governmental authority, fire, strikes, accidents, sabotage, explosions or other similar or different contingencies beyond reasonable control of the Parties.

7. **Points of Contact:**

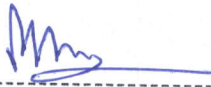
Each party designates the following persons to serve as its primary contact and liaison with respect to this MoU:

**For HEARTFULNESS- Dr. Nivedita Shreyans, Program Coordinator, Heartful Campus**

**For AICTE: Dr. Ramesh Unnikrishnan, Advisor- II (P&AP)**

IN WITNESS WHEREOF, the parties hereto have executed this MOU by their authorized representatives on this 24<sup>th</sup> day of May, 2022 at New Delhi.

For and on behalf of  
AICTE, New Delhi



Prof. Rajive Kumar  
Member Secretary, AICTE

For and on behalf of  
Heartfulness Education Trust



Dr. Ramesh Krishnan  
Director, Heartful Campus Program

WITNESSES:

Dr. Nivedita  
Shreyans  
Nivedita



Annexure - A

Table: Heartful Campus | List of Modules

Module Title	Duration
<b>Orientation Modules</b>	
Connection	60 minutes
Core	60 minutes
Context	60 minutes
Choices	60 minutes
Causality	60 minutes
Community	60 minutes
<b>Foundation Modules</b>	
Discover Oneself	60 minutes
Time Management	60 minutes
Time Management 2	60 minutes
Befriending Stress	60 minutes
Peak Performance	60 minutes
Situational Awareness	60 minutes
Heartful Relationships	60 minutes
Silence is the Language of the Heart	60 minutes
The Science Behind Meditation: Habits and Change	60 minutes
The Art Behind Meditation: Observation and Dairy Writing	60 minutes
The Heart Behind Meditation: Experience and Evolution	60 minutes
Live Light	60 minutes
Live Right	60 minutes
The Power of Pause	60 minutes
Designing your Destiny 1	60 minutes
Designing your Destiny 2	60 minutes
Practice! Experience!	60 minutes
<b>Engineering Sciences Modules</b>	
Contemplative Practices in T Shaped Skills	60 minutes
Thinking of Thinking Inside Out	60 minutes
Technical Ways of Critical Thinking	60 minutes
Inspirational Creative Thinking	60 minutes
Be a E3 Problem Solver - Efficient, Effective and Effortless	60 minutes
Technology through the Eyes of the Heart	60 minutes
Develop Wisdom in the Digital World	60 minutes
Innovate in the Right Way	60 minutes
How to be a crystal that gleams	60 minutes
Human through the eyes of Nature	60 minutes
Ethical Dilemma? Heart is your Compass	60 minutes
Revealing your Personality	60 minutes

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Art of Leading with the Heart: be a Heartful Leader	60 minutes
<b>Science of Meditation Modules</b>	
Health and Well Being	60 minutes
Focus	60 minutes
Peak Performance	60 minutes
Decision Making	60 minutes
Positive Thinking	60 minutes
Science of Meditation – Resilience	60 minutes
Happiness	60 minutes
Empathy and Compassion	60 minutes
<b>Business Studies Modules</b>	
Powerful Presence and Strong Connect	60 minutes
Let your Tongue Speak what your Heart Thinks	60 minutes
Listen and silent have the same letters, think about it!	60 minutes
When silence speaks, compassionate listening	60 minutes
Aspire to be a relationship manager? Be Heartful!	60 minutes
Self-Awareness- the first step	60 minutes
Self-Management - but how?	60 minutes
Social Awareness - the Heartful Connect	60 minutes
Empathy - A habit we can cultivate	60 minutes
Motivation – it`s all about your Choice	60 minutes
Compassion - its beyond Empathy	60 minutes
Focus- the first discipline	60 minutes
Decision Making - the core practice of management	60 minutes
Resilience - a lifelong asset	60 minutes
Be Adaptable to Weather any Change	60 minutes
Heartfully Negotiate - For win win outcomes	60 minutes
Peak performance - elevate your game and avoid burnout	60 minutes
Power of positive influence	60 minutes
Keep cool and work out	60 minutes
Stress, Anger and Heartfulness	60 minutes
Your future depends on your dreams	60 minutes
The Pursuit of Happiness	60 minutes
To Eat is a necessity, but...	60 minutes
<b>Faculty Development Modules</b>	
Contemplative Teaching and Learning	120 minutes
Meditation and Education	120 minutes
Role of the Heart in Moral Integrity	120 minutes
The Science of Meditation	120 minutes
Fostering Connection, Cultivating Pedagogies of Care	120 minutes
Yoga for Well Being	120 minutes
Reflective Practices and Pedagogy	120 minutes

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Redefining Role of the Educator	120 minutes
<b>Senior Academic Leadership Programme</b>	
Introduction	90 minutes
Resilience	90 minutes
Heartfulness Experience	90 minutes
Inspiration	90 minutes
Axis of Life	90 minutes
Heartfulness Rejuvenation	90 minutes
Science of Meditation	90 minutes
Peak Performance	90 minutes
Pause to Poise	90 minutes
Connect Within	90 minutes





